

AIPO ITALIAN THORACIC SOCIET

ASSOCIAZIONE TALIANA PNEUMOLOGI **OSPEDALIERI** 

**Convegno di presentazione** della versione italiana delle linee guida per la diagnosi di fibrosi polmonare idiopatica

> Linee guida ufficiali ATS/ ERS/JRS/ALAT per la pratica clinica

1 Febbraio 2020

> Hote Enterprise Milano



# L'ALGORITMO DIAGNOSTICO

**Donato LACEDONIA** 

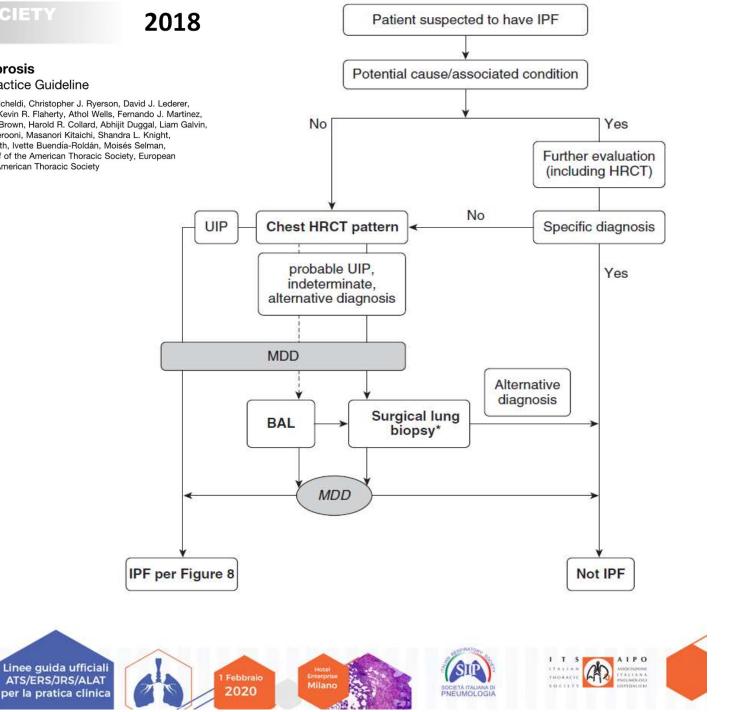
Università di Foggia



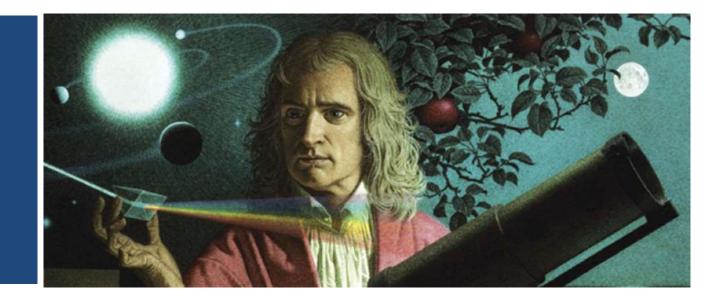
### AMERICAN THORACIC SOCIETY DOCUMENTS

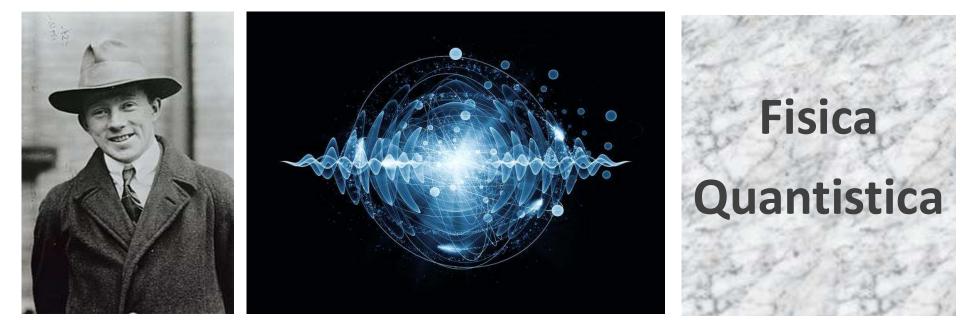
#### **Diagnosis of Idiopathic Pulmonary Fibrosis** An Official ATS/ERS/JRS/ALAT Clinical Practice Guideline

Ganesh Raghu, Martine Remy-Jardin, Jeffrey L. Myers, Luca Richeldi, Christopher J. Ryerson, David J. Lederer, Juergen Behr, Vincent Cottin, Sonye K. Danoff, Ferran Morell, Kevin R. Flaherty, Athol Wells, Fernando J. Martinez, Arata Azuma, Thomas J. Bice, Demosthenes Bouros, Kevin K. Brown, Harold R. Collard, Abhijit Duggal, Liam Galvin, Yoshikazu Inoue, R. Gisli Jenkins, Takeshi Johkoh, Ella A. Kazerooni, Masanori Kitaichi, Shandra L. Knight, George Mansour, Andrew G. Nicholson, Sudhakar N. J. Pipavath, Ivette Buendía-Roldán, Moisés Selman, William D. Travis, Simon Walsh, and Kevin C. Wilson; on behalf of the American Thoracic Society, European Respiratory Society, Japanese Respiratory Society, and Latin American Thoracic Society



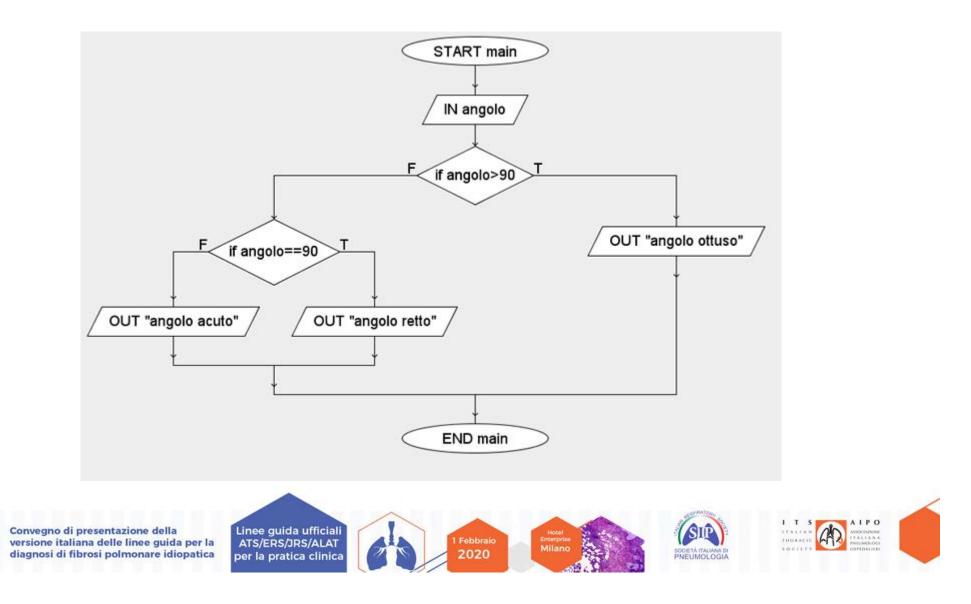
# Fisica Classica







**Algoritmo** è un procedimento che risolve un determinato problema attraverso un numero finito di passi: elementari, chiari e non ambigui



European Heart Journal Advance Access published August 29, 2015

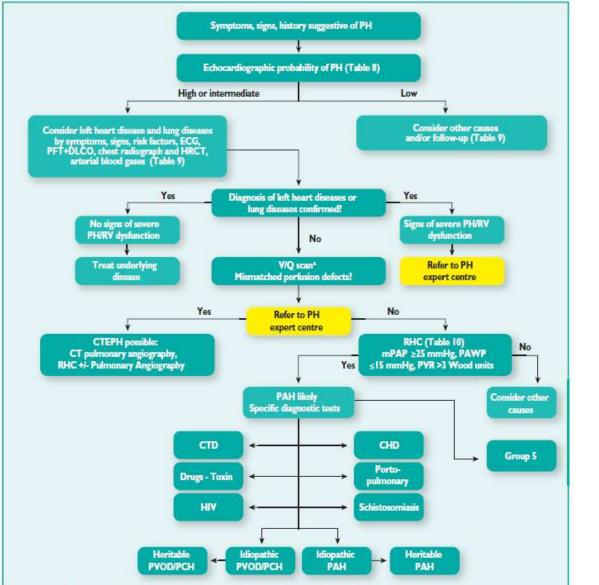
ESC/ERS GUIDELINES

STROPAN BORRATORY DOLLAT

European Heart Journal doi:10.1093/eurheart/ehv317

#### 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS)



CHD = consertial baset disaster CT = connected tomography CTD = connective tirese disaster CTFPH = chronic thromhoembolic tulmonary hunertanting



## American Thoracic Society

## **1999** Idiopathic Pulmonary Fibrosis: Diagnosis and Treatment International Consensus Statement

This Joint Statement of the American Thoracic Society (ATS), and the European Respiratory Society (ERS) was Adopted by the ATS Board of Directors, July 1999 and by the ERS Executive Committee, October 1999

IPF is defined as a specific form of chronic fibrosing interstitial pneumonia limited to the lung and associated with the histologic appearance of usual interstitial pneumonia (**UIP**) on surgical (thoracoscopic or open) lung biopsy.



## Diagnosi

all

#### 1999 In the absence of a surgical lung biopsy, the diagnosis of IPF remains uncertain. However, in the immunocompetent adult...

### **Major Criteria**

- Exclusion of other known causes of ILD
- Evidence of restriction (reduced VC often with an increased FEV1/FVC ratio) and impaired gas exchange DLCO
- Bibasilar reticular abnormalities with minimal ground glass opacities on HRCT scans
- Transbronchial lung biopsy or bronchoalveolar lavage (BAL) showing no features to support an alternative diagnosis



## **Minor Criteria**

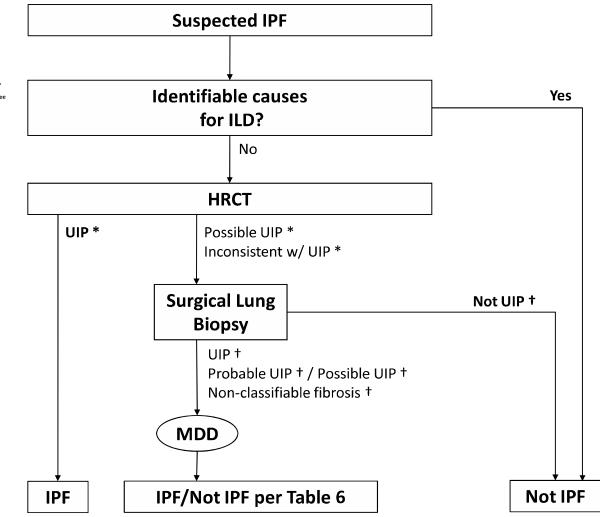
- Age >50yr
  Insidious onset of otherwise unexplained dyspnea on exertion
  Duration of illness >3 mo
  Bibasilar, inspiratory crackles (dry or "Velcro" type in quality)

Convegno di presentazione della versione italiana delle linee guida per la diagnosi di fibrosi polmonare idiopatica Linee guida ufficial ATS/ERS/JRS/ALA1 per la pratica clinica



#### An Official ATS/ERS/JRS/ALAT Statement: Idiopathic Pulmonary Fibrosis: Evidence-based Guidelines for Diagnosis and Management

Ganesh Raghu, Harold R. Collard, Jim J. Egan, Fernando J. Martinez, Juergen Behr, Kevin K. Brown, Thomas V. Colby, Jean-François Cordier, Kevin R. Flaherty, Joseph A. Lasky, David A. Lynch, Jay H. Ryu, Jeffrey J. Swigris, Athol U. Wells, Julio Ancochea, Demosthenes Bouros, Carlos Carvalho, Ulrich Costabel, Masahito Ebina, David M. Hansell, Takeshi Johkoh, Dong Soon Kim, Talmadge E. King, Jr., Yasuhiro Kondoh, Jeffrey Myers, Nestor L. Müller, Andrew G. Nicholson, Luca Richeldi, Moisés Selman, Rosalind F. Dudden, Barbara S. Criss, Shandra L. Protzko, and Holger J. Schünemann, on behalf of the ATS/ERS/JRS/ALT Committee on Idiopathic Pulmonary Fibrosis **2011** 



### The diagnosis of IPF is multidisciplinary



#### TABLE 4. HIGH-RESOLUTION COMPUTED TOMOGRAPHY CRITERIA FOR UIP PATTERN

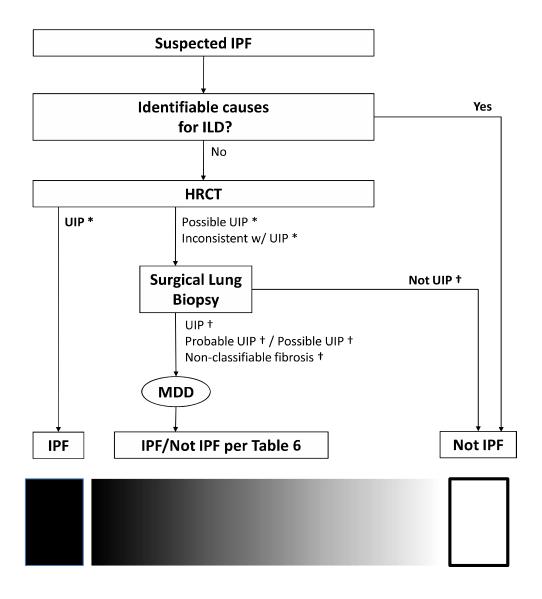
2011	UIP Pattern (All Four Features)	Possible UIP Pattern (All Three Features)	Inconsistent with UIP Pattern (Any of the Seven Features)	
2011	<ul> <li>Subpleural, basal predominance</li> <li>Reticular abnormality</li> <li>Honeycombing with or without traction bronchiectasis</li> <li>Absence of features listed as inconsistent with UIP pattern (<i>see</i> third column)</li> </ul>	<ul> <li>Subpleural, basal predominance</li> <li>Reticular abnormality</li> <li>Absence of features listed as inconsistent with UIP pattern (<i>see</i> third column)</li> </ul>	<ul> <li>Upper or mid-lung predominance</li> <li>Peribronchovascular predominance</li> <li>Extensive ground glass abnormality (extent &gt; reticular abnormality)</li> <li>Profuse micronodules (bilateral, predominantly upper lobes)</li> <li>Discrete cysts (multiple, bilateral, away from areas of honeycombing)</li> <li>Diffuse mosaic attenuation/air-trapping (bilateral, in three or more lobes)</li> <li>Consolidation in bronchopulmonary segment(s)/lobe(s)</li> </ul>	

#### TABLE 5. HISTOPATHOLOGICAL CRITERIA FOR UIP PATTERN

UIP Pattern (All Four Criteria)	Probable UIP Pattern	Possible UIP Pattern (All Three Criteria)	Not UIP Pattern (Any of the Six Criteria)
<ul> <li>Evidence of marked fibrosis/ architectural distortion, ± honeycombing in a predominantly subpleural/ paraseptal distribution</li> <li>Presence of patchy involvement of lung parenchyma by fibrosis</li> <li>Presence of fibroblast foci</li> <li>Absence of features against a diagnosis of UIP suggesting an alternate diagnosis (see fourth column)</li> </ul>	<ul> <li>Evidence of marked fibrosis / architectural distortion, ± honeycombing</li> <li>Absence of either patchy involvement or fibroblastic foci, but not both</li> <li>Absence of features against a diagnosis of UIP suggesting an alternate diagnosis (<i>see</i> fourth column) OR</li> <li>Honeycomb changes only<sup>‡</sup></li> </ul>	<ul> <li>Patchy or diffuse involvement of lung parenchyma by fibrosis, with or without interstitial inflammation</li> <li>Absence of other criteria for UIP (see UIP PATTERN column)</li> <li>Absence of features against a diagnosis of UIP suggesting an alternate diagnosis (see fourth column)</li> </ul>	<ul> <li>Hyaline membranes*</li> <li>Organizing pneumonia*<sup>†</sup></li> <li>Granulomas<sup>†</sup></li> <li>Marked interstitial inflammatory cell infiltrate away from honeycombing</li> <li>Predominant airway centered changes</li> <li>Other features suggestive of an alternate diagnosis</li> </ul>











IPF suspected*		Histopathology pattern				
		UIP	Probable UIP	Indeterminate for UIP	Alternative diagnosis	
HRCT pattern	UIP	IPF	IPF	IPF	Non-IPF dx	
	Probable UIP	IPF	IPF	IPF (Likely)**	Non-IPF dx	
	Indeterminate	IPF	IPF (Likely)**	Indeterminate***	Non-IPF dx	
	Alternative diagnosis	IPF (Likely)** /non-IPF dx	Non-IPF dx	Non-IPF dx	Non-IPF dx	



Figure 8. Idiopathic pulmonary fibrosis diagnosis based upon HRCT and biopsy patterns.

\*\*Clinically suspected of having IPF" = unexplained symptomatic or asymptomatic patterns of bilateral pulmonary fibrosis on a chest radiograph or chest computed tomography, bibasilar inspiratory crackles, and age greater than 60 years. (Middle-aged adults [>40 yr and <60 yr], especially patients with risks for familial pulmonary fibrosis, can rarely present with the otherwise same clinical scenario as the typical patient older than 60 years.) \*\*IPF is the likely diagnosis when any of the following features are present:

- Moderate-to-severe traction bronchiectasis/bronchielectasis (defined as mild traction bronchiectasis/bronchielectasis in four or more lobes) including the lingual as a lobe, or moderate to severe traction bronchiectasis in two or more lobes) in a man over age 50 years or in a woman over age 60 years
- Extensive (>30%) reticulation on HRCT and an age >70 years
- Increased neutrophils and/or absence of lymphocytosis in BAL fluid
- Multidisciplinary discussion reaches a confident diagnosis of IPF.

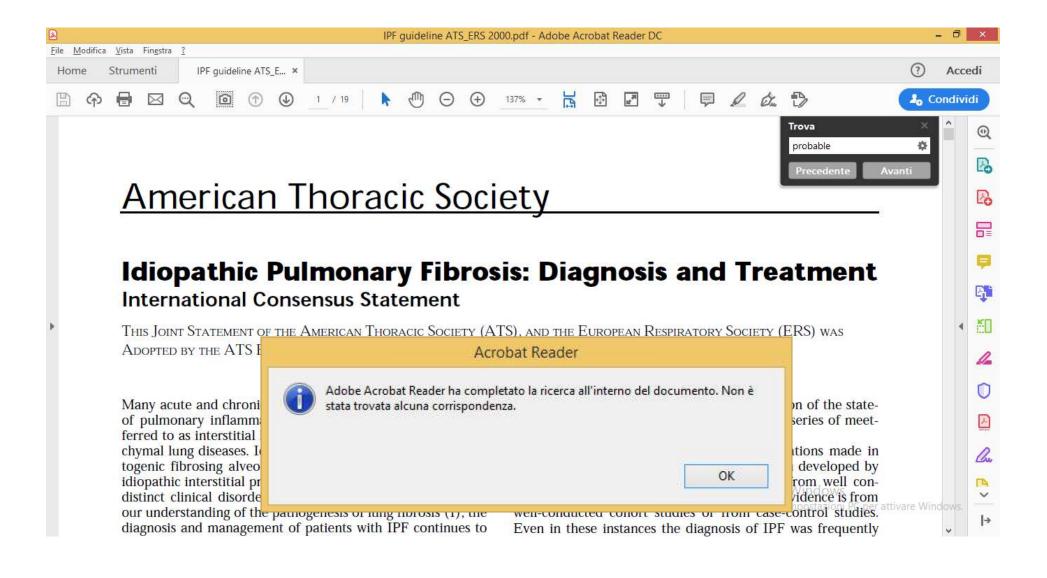
### \*\*\*Indeterminate

- Without an adequate bior
- With an adequate biopsy confident

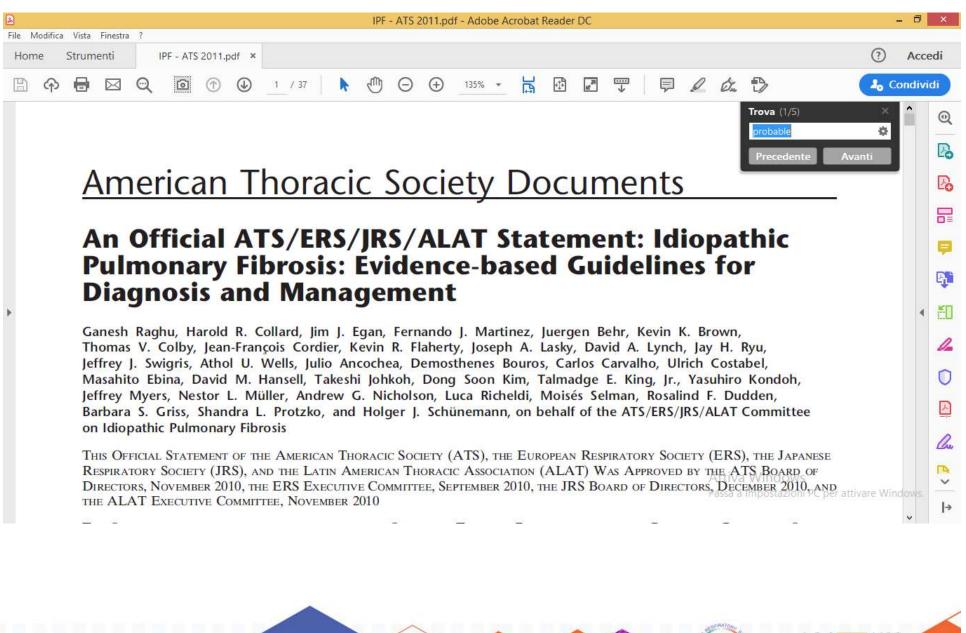
dx = diagnosis; HRCT = high-re:

iagnosis after multidisciplinary discussion and/or additional consultation. pathic pulmonary fibrosis; UIP = usual interstitial pneumonia.

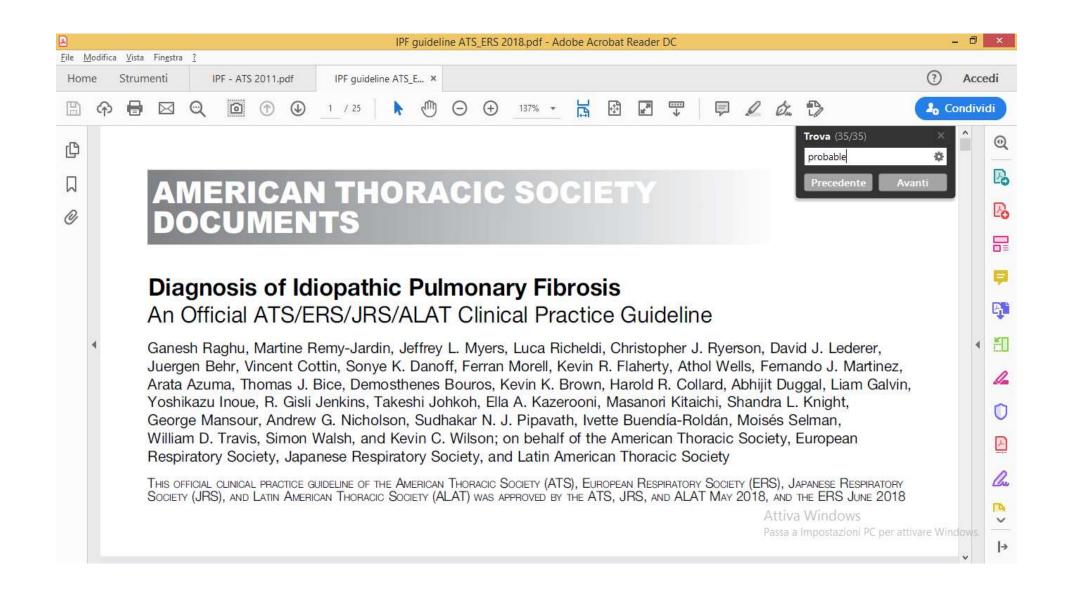






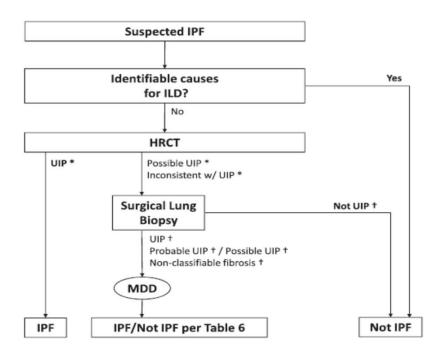


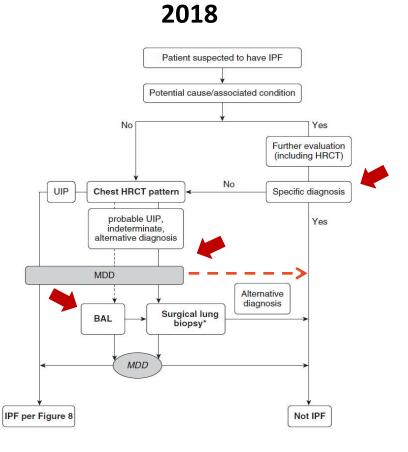
Linee guida ufficiali ATS/ERS/JRS/ALAT per la pratica clinica





2011







## AMERICAN THORACIC SOCIETY

#### Diagnosis of Idiopathic Pulmonary Fibrosis An Official ATS/ERS/JRS/ALAT Clinical Practice Guideline

Ganesh Raghu, Martine Remy-Jardin, Jeffrey L. Myers, Luca Richeld, Christopher J. Ryerson, David J. Lederer, Juergen Berr, Vincert Cottin, Sonye K. Damit, Farran Morell, Kevin R. Fahrehy, Ahrol Wells, Fernando J. Martínez, Asta Azuma, Thomas J. Bee, Demosthenes Bouros, Kevin K. Brown, Harold R. Colland, Abhll Duogal, Liam Galvin, Yoshikazu Inoue, R. Gisi Jenkins, Takeshi Johoko, Elia A. Kazeroon, Masanori Katach, Shandra L. Kright, Goraye Marsoux, Andrew G. Nichoson, Subhaka N. J. Pipavath, Hette Buendia-Roldan, Moles Selman, William D. Travis, Simon Walsh, and Kevin C. Wilson; on behalf of the American Thoracic Society, European Respiratory Society, Japanese Respiratory Society, and Lain American Thoracic Society

THIS OFFICIAL CLINCAL PRACTICE GUIDELINE OF THE AMERICAN THORACIC SCOETY (ATS), EUROPEAN RESPIRATORY SOCIETY (ERS), JANNESE RESPIRATORY SOCIETY (JRS), AND LATIN AMERICAN THORACIC SCOETY (ALAT) WAS APPROVED BY THE ATS, JRS, AND ALAT MAY 2018, AND THE ERS JUNE 2018 For patients with newly detected ILD of apparently unknown cause who are clinically suspected of having IPF, we suggest MDD for diagnostic decisionmaking

**"1,000** patients who undergo diagnostic decision-making, SDD and MDD will derive the same diagnosis in **700** patients and different diagnoses in **300** patients. If one accepts MDD as the reference standard, then as many as 300 patients will be potentially subject to incorrect therapy, delayed therapy, or unnecessary additional diagnostic testing"

"For patients with newly detected ILD of apparently unknown cause who are clinically suspected of having IPF, **we suggest MDD for diagnostic decisionmaking** (conditional recommendation, very low quality of evidence)

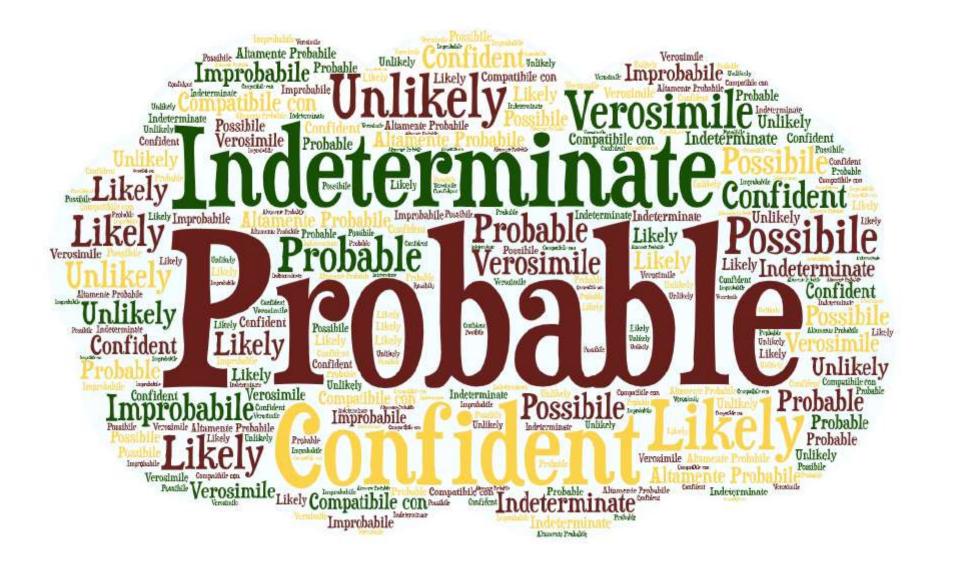




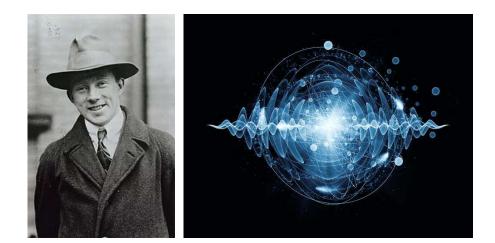


## Esperienza









## Diagnosi Precoce

## Diagnosi Certa

